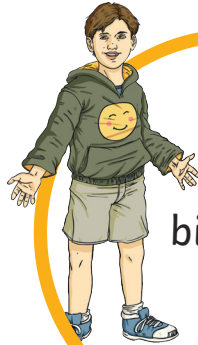
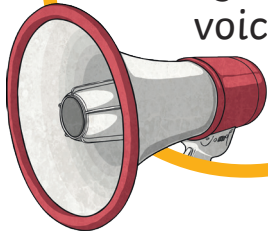


What Can I Do When I'm Feeling Excited?

Feeling excited is a great feeling. It normally happens when we are really looking forward to doing something or when we are really enjoying an activity.

Shout 'yippee' and 'whoop' in my happy voice.

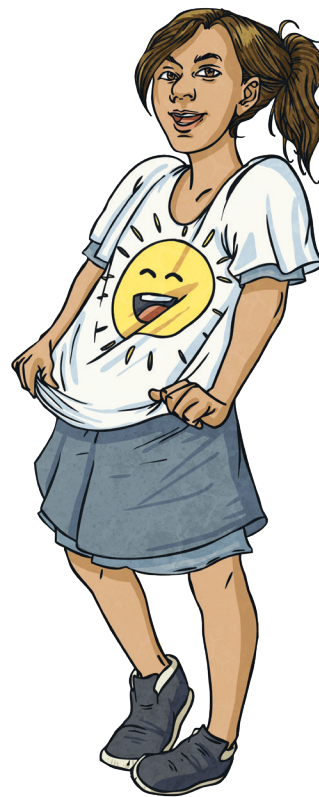


Do the biggest smile I can do.

Make up my own excited dance routine.



Draw a picture of what excitement looks like.



Clap my hands really quickly.



Channel my excited energy by running, skipping or doing exercise.



Tell someone how excited I am feeling.

