Ruffin Signposts 62

Nature Detectives

Make some picture frames for nature. Cut different shapes and sizes out of paper. What interesting things can you frame?





World Chocolate Day T"JULY World Chocolate Day Ask the members of your family what their favourite chocolate bar is. Make a list. Or Find out some facts about chocolate. Or Watch Willy Wonker and the Chocolate Factory: Inside the Chocolate Room https://www.youtube.com/watch?v=1y8a Yd9uaFY

Write about what you saw.

PHONICS - Tricky word Tuesday

Practise reading the words - oh, their, people, Mr, Mrs, looked, called and asked

Play tricky word trucks on phonicsplay.co.uk (select Phase 5a words).

Play tricky word train. Build a train track/road, put the words around the track and drive your car/train to the different 'stations' (words).

Practise spelling the words like, some and come. Write them in chalk/ pen/ paint, build them from magnetic letters/building blocks, etc. You could trace the outline (below) to make rainbow words. How many different colours can you use?

Maths - Time - What can you do in a minute?

Complete some of the Virtual Sports Day challenges (see below). Lots of them need to be completed in 30 seconds (half a minute) or 60 seconds (one minute). Ask someone to time you. Don't forget to send your results to <u>cjackson@meldreth.cambs.sch.uk</u>

Play 'What's the time Mr Wolf?' or watch the Numberjacks Time Trouble https://www.youtube.com/watch?v=Ifx7URfIGh8



Reading Corner

Read a book with an adult. How many tricky troll words can you spot? Did you like the story? You could watch Michael Rosen perform Chocolate Cake https://www.bbc.co.uk/bitesiz e/clips/zp9b4wx

Moving on up... A moving up activity from Miss Jackson. Swift Class have been learning about the Sikh religion and recently we learnt that seva is an act of kindness which is performed when people visit the Gurdwara. This is where Sikh's go to worship and seva can include anything from preparing food and cleaning up for the benefit of others. Can you think of a way of showing kindness towards someone else in school or at home today?

Get Creative some ideas

Make your own chocolate factory. You could build it out of Lego/Duplo/k'nex or draw a picture of it. What will it be called? We would love to see it.

Design a new chocolate bar. You could use the template below or make a label for a chocolate bar that you have had home.

Do some baking with chocolate... chocolate crispy cakes, chocolate cake, chocolate chip cookies, hot chocolate or a chocolate milkshake.

Do some yoga. Try Cosmic Kids Yoga Adventure Norris the Baby Seahorse https://www.youtube.com/watch?v=iFuobePKER8

Upload your work to Tapestry or email to us, we would love to see it.

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Design a chocolate bar







SJOIMS



Virtual Sports Day Challenges

1. Speed bounce

Make a line on the ground. How many times can you jump side to side over the line in 30 seconds? You score 1 point per jump.



4. Standing Long Jump

Jump forward from two feet to two feet. Use a tape measure to find your score. Record your best jump from three attempts.



Up to 50cm 5 points 50cm to 1m 10 points 1m to 1.5m 15 points 1.5 to 2m 20 points



2. Get it in the hoop

Roll or throw a ball from a 3m distance. The aim is to get your ball to stop in the target (hoop or similar). You score 5 points for every successful attempt. How many points can you score in 60 seconds?



5. Balance Ninjas

Find a piece of equipment to balance on. Using one foot only how long can you balance on that foot? You have up to 60 seconds. The points scored will be the number of seconds you balanced for.



3. Keepy Uppy Challenge

How many times can you hit a balloon in the air in 60 seconds? You score 1 point per hit.



6. Super Shuttle Sprint

Mark out a 3m distance using two cones or markers. How many times can you run around the two cones in 30 seconds? Scoring - one complete loop (around both cones) counts as 5 points, so two loops = 10 points etc.

