

Weekly Bulletin

October 11th 2024



We always try to give you as much notice as possible of our school and PTA events. One way to stay updated is to visit our our Website calendar and home page for more important dates coming up. In addition you can use the school eschools lite app for smart phones to allow you to access key updates from our school website. Search for "eSchools Lite" in the [App Store \(Apple\)](#) or [Google Play \(Android\)](#) or use the handy QR code and download for **FREE!**

This year we are celebrating Harvest in school with our special assembly at 9am on Friday 18th October. **We would be grateful for any harvest donations that you would like to share with our local Food Bank.** Donations of tea, coffee, sugar, tins of soup, pasta sauces, pasta, rice, fruit juice (long life), tinned puddings, fruit or meat/fish, jam, cereals and biscuits or snack bars are all gratefully received. Please bring donations into school from Monday next week so that we can parcel these up for our assembly.

With the onset of coughs and colds this autumn, the recommended period is 48 hours from the last episode of diarrhea or vomiting – for information on other childhood illnesses please see this [guidance for schools](#).

A new STEM Club is coming to Meldreth Primary!

This club is a collaboration between Cambridge Science Centre, Bruntwood SciTech and Meldreth Primary School where students can engage and work together to research and develop their own Science magazine that explores STEM subjects! (Science, Technology, Engineering and Maths). Through working with teams from Cambridge Science Centre and Melbourn Science Park, a variety of topics will be explored, inspiring the content for the magazine.

The Club will take place in School with one session per half term from 3:20pm to 5:20pm– book now on MCAS for our first session next Tuesday 15th October.

Companies from Melbourn Science Park will be visiting the club and have the opportunity to conduct hands-on activities, showcasing their areas of expertise, explaining the what, why and how of their research and highlighting the variety of roles & careers in STEM subjects, with the aim to inspire the next generation of scientists and researchers!

This club will offer a fun and engaging platform for students to discover STEM, work together, ask questions, share ideas and think outside the box!



STEM Club

A brand new STEM Club is coming to Meldreth Primary!

Run by Cambridge Science Centre and Bruntwood SciTech, across 6 sessions club members will create their very own Science Magazine!

Plus with special guests from Melbourn Science Park, we will explore a variety of science topics and think what a future in STEM could involve!

OpenUp Science
In this issue, we're exploring galaxies and stars.
Find out more with the fun activities and puzzles inside!
How many stars are visible in the sky?
What are...

One session per half term

CAMBRIDGE SCIENCE CENTRE

bruntwood SciTech



Secondary already?

The application window for our Year 6 pupils to apply for secondary school is now open. The deadline for applications is 31st October 2024 with offers made on 1st March 2024. More information, including the LA guidance, can be found on our school website.



Hawk class parents – please join us for a meeting on **Monday 4th November at 6pm** where you can collect revision guides for your child and discuss our approach to assessing your child, SATs and how you can support at home.

Children's Christmas Card Designs

This week, you will have received an order form and sample of your child's card design either as a paper copy or uploaded to Tapestry. This Christmas, children have created their own artwork to be printed on professionally produced cards and other products. Money raised will go toward our Widdershin's Puppet Show Visit.



[Log in to order](#) using the **school code B181** and your child's unique code, found on your child's design. It is always very exciting for your child to see their design work as a finished Christmas card and make great family Christmas cards. The deadline for orders is approaching so please **ORDER NOW!**

PTA NEWS



PTA AGM with wine and cheese at the British Queen pub Friday 18th October 7.30pm

Everyone is welcome for wine and cheese at the British Queen pub. A great chance to get to know other parents and find out how you can get involved with the PTA. We will be holding a very brief AGM and we welcome input from all parents, carers and staff. If you'd like to find out more before the event please email meldrethpta@gmail.com

Friday 25th October Tickets are available on MCAS now for 'an Evening of Clairvoyance'. Tickets cost £10 per person. Refreshments and raffle.

The Big Biology Day


This year's Big Biology Day takes place on Saturday 12th October from 10am to 4pm at Hills Road Sixth Form College, for more information about the event visit their Facebook page,

<https://www.facebook.com/BigBiologyDay/>

Sports News

Our football season got off to an excellent start with a 10-2 win over local rivals Melbourn, in our first league match of the school year. Jamie T, Callum S, Arthur S, Rufus B and Toby S all enjoyed fantastic debuts for the school team, bagging 4 goals and many assists between them! Our veteran Year 6 players Will M, Toby V, Oscar D and Bobby K demonstrated fantastic leadership throughout, showing off a cohesive and dynamic display that secured a comfortable victory away from home!

Upcoming Events	
Monday 21 st October	Y6 Bikeability Week
Friday 25 th October	Y4 Bikeability Day
Monday 28th October	HALF TERM
Monday 4 th November	Y6 SATs Meeting @ 5.30pm
Wednesday 13 th November	School Photos
Thursday 21 st November	Parent consultation meetings
Monday 25 th November	Parent consultation meetings
Wednesday 11 th December	Nativity Performance
Thursday 12 th December	Nativity Performance
Friday 13 th December	Widdershins Puppet Show
Friday 20th December	LAST DAY OF TERM

					
Miley H	Mason A	Bella H	Isla E	Jamie C	Verity F
Elis X	Koray M	Joseph M	Josh G	Aidan C	Annabel S
Jessie G		Alex B		Ethan F	
	Gregory K		Taylor W		Amelia L

From the Team at Meldreth Primary School – we wish you well!

Did you know?

Research refers to the 90 second emotional rule*. This is how long a 'dose' of emotion lasts in our body. Our THOUGHTS determine whether or not we continue to release these hormones.

So what can you try to interrupt the ongoing cycles?

1 A 90 second hug

Set your timer! A hug releases oxytocin, which works to help reverse the effect of the stress hormones. You can even hug yourself!. Try it and see if you can feel the relaxation flooding in.



2 Count backwards

Counting forwards is pretty automatic for most of us but counting backwards means we have to interrupt whatever else our brain is doing at the time. Depending on age, you could count backwards from as many as 100 or from as few as 10.

3 Give to others

Giving to others is powerful, especially in person so you see their face and make eye contact. "The best way to find yourself is to lose yourself in the service of others." Mahatma Gandhi. Scientists believe that altruistic behaviour releases endorphins in the brain - the 'helper's high'. This can be something small like holding a door open or giving someone a compliment.